

Template for AFAST®

Patient Positioning:

Right Lateral ☐ Left Lateral ☐ Modified Sternal ☐ Standing ☐ Sternal ☐

Gallbladder unremarkable ☐ abnormal ☐ indeterminate ☐ not assessed ☐

Urinary Bladder unremarkable ☐ abnormal ☐ indeterminate ☐ not assessed ☐

DH View

Pleural Effusion absent ☐ present ☐ indeterminate ☐ not assessed ☐

Pericardial Effusion absent ☐ present ☐ indeterminate ☐ not assessed ☐

Caudal Vena Cava unremarkable (BOUNCE) ☐ small (flat) ☐ distended (FAT) ☐
indeterminate ☐ not assessed ☐

Hepatic Venous Distension unremarkable ☐ distended ☐ indeterminate ☐ not assessed ☐

AFAST Fluid Scoring

DH 0 ☐ 1/2 ☐ 1 ☐

SR/HR 0 ☐ 1/2 ☐ 1 ☐

CC 0 ☐ 1/2 ☐ 1 ☐

HR Umbilical 0 ☐ 1/2 ☐ 1 ☐

Total Abdominal Fluid Score (AFS) 0-4 = _____

HR5th View 0 ☐ 1/2 ☐ 1 ☐ (*not part of the AFS*)

Focused Spleen unremarkable ☐ abnormal ☐ indeterminate ☐ not assessed ☐

Comments

Qualifier: The AFAST® exam is an ultrasound examination used to detect the presence of free abdominal fluid (which is generally abnormal) as a screening test in order to better direct resuscitation efforts and diagnostic testing, detect complications, and manage critically ill patients. AFAST allows rapid but indirect assessment for evidence of major internal abdominal organ injury or disease. The AFAST exam is not intended to replace a complete detailed abdominal ultrasound of the abdomen.

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